



**Meath Women's Refuge  
& Support Services**

# Christmas Wish List



## The Gift of Food

€50 will pay for a grocery voucher for a family who need assistance to buy food



## The Gift of Play

€250 will provide four sessions of play therapy for a child survivor of domestic abuse



## The Gift of Peace

€100 will fund two counselling sessions for a woman recovering from domestic abuse



## The Gift of Warmth

€435 will keep the lights on and heat our refuge for one week

## How to Give

You can donate online at [www.dvservicesmeath.ie](http://www.dvservicesmeath.ie)

Post a cheque / postal order to:  
**Meath Women's Refuge & Support Services,  
39 Flowerhill,  
Navan, Co. Meath**

We appreciate **vouchers of any value** (Supermarkets, Pharmacy, Clothes, Toy stores in Meath) posted to us at the above address.

We are grateful for donations of **new Children's Toys or Gift Bags** for women. Please note, we cannot accept donations of food or second-hand items.

If you have any questions on suitable items, please ring us on **046-9022393**

Please follow us on social media and share our message this Christmas at



# THANK YOU FOR YOUR GENEROUS SUPPORT