

Meath Womens Refuge & Support Services

WHO WE ARE?

MWRSS is an NGO and a local domestic violence support agency with a catchment area of Co. Meath. We have been working in the community for 32 years and have a strong track record of supporting women and children experiencing domestic violence. We work closely with a wide range of stakeholders to fulfil our mission statement and seek innovative responses to domestic violence in Co. Meath and Ireland. We are clear that domestic violence is a violation of human rights and through our work we seek to vindicate the rights of women and children affected by domestic violence.

MWRSS MISSION STATEMENT

Meath Women's Refuge and Support Services works to ensure the safety of women and children who are experiencing all forms of domestic abuse in Co. Meath through the provision of high-quality supports and services that are women centred and evidence based.

OUR MAIN OBJECTIVES

- To provide a place of safety where women can take time to look at the options available to ensure their future safety.
- To support and assist women in dealing with the impact of the abuse on themselves and their children through the wide range of services and supports provided.
- To recognise and care for the physical, emotional and educational development needs of the children who attend the service.
- To respect and, where necessary, foster parent/child relationships.
- To offer support, relevant and accurate information to any person in relation to violence against women.
- To raise awareness of violence against women and the impact it has on the wider society.

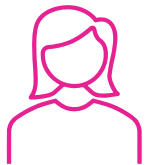
WHAT WE DO

- Emergency refuge accommodation for five families 24 hours a day 365 days a year which includes care planning, risk assessment and safety planning for women and children and providing basic essentials to meet the needs of women and children fleeing domestic violence.
- Follow on support for women who leave refuge.
- 24 Hour Helpline-which includes a referral service which is managed by the refuge support workers team.
- An Outreach service in the community including court accompaniment and the completion of court paperwork and the provision of one to one support to women experiencing domestic abuse.

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- A developmental Children's Programme for children in refuge and the community which includes the provision of play therapy, a group programme Good to Be Me and TLC Kidz- a new recovery programme.
- An Arts and crafts programme once a week-which is low threshold support space for women.
- One to one counselling for women including Art Therapy.
- Peer to Peer Group Support Groups.
- Power to Change 12-week group programme.

OUR WORK IN NUMBERS (2019)



We provided refuge to **42 women** and we provided refuge to **50 children** who stayed in refuge. A total of **6,487 services** were provided for families in refuge in **2019**.



We worked with **85 children** in the community providing one to one sessions and group programme **It's Good to Be Me** and our playroom. In addition, **16 Children** received **61 playroom sessions** to ensure their parents could participate in group programmes.



We worked with **411 women** through our outreach in the community including one to one support, court accompaniment and advocacy.

We dealt with **3,161 calls** in our work relating to crisis, information and support, court accompaniment, follow on supports, advocacy and the needs of children and parents.

Our **Helpline** took a total of **974 calls** and we made **1001 calls** on behalf of women and children. Our **outreach programme** took **678 calls** and made **311 calls** on behalf of women. Our **Children's Programme** dealt with **197 calls**.



69 women in total participated in our group programmes - **25 women** participated in the power to change programme, **27 women** participated in the support group and **17 women** in the arts and crafts programme.

Recovery - **57 women** participated in counselling and **art therapy** sessions and a total **214 sessions** were provided. **34 Play Therapy** sessions were provided to children.

