

Meath Womens Refuge & Support Services

Annual Report 2018

Introduction by the Chairperson Sinéad Gogan

In 2018, Meath Women's Refuge and Support Services worked diligently to support women and children impacted by domestic abuse. We had several **key achievements** during the year relevant to our work and the development of the organisation, namely,

- Agreement with Tusla to fund a new role of new children's worker at the end of the year and a contracted play therapist to support children affected by the trauma of domestic abuse in their family.
- Receipt of funding to run the TLC Kidz recovery programme in Meath in 2019-20
- The completion at year end of a new strategic plan for 2018-2020
- We made additional strides towards the development of a new purpose-built refuge facility

Challenges

Our strategic review process which was undertaken by an external consultant identified the following issues facing the organisation:

- Outreach in the Community: to meet the year on year growth in demands for support in the community. This would facilitate us to undertake risk assessments, safety planning and ongoing one to one support for women who are high risk and have additional needs. It is the fastest growing area of our work (22% increase in 2018)
- Comprehensive Refuge support staff to ensure a two staff compliment between 9 am to 5pm as an initial step to meet the needs of our helpline and be effective and efficient in meeting the complex needs of women in refuge in a timely manner
- To ensure we have the resources and infrastructure to manage a changing environment including new legislation in terms of domestic violence, regulatory requirements and fit for purpose refuge facility.
- Ensuring we are compliant and meeting the best standards in terms of governance.

We believe our strategic plan which has completed its year one actions; our track record and expertise will assist us in rising to these challenges over the coming years. We would like to thank each person, donor and agency we have worked with in 2018 and especially want to acknowledge the ongoing commitment and dedication of our staff, board, CE workers, volunteers and all our funders including Tusla, Department of Justice and Equality, Meath County Council, small grant providers, donors, fundraisers in the local community, without whom we could not have supported as many women and children in Co. Meath.

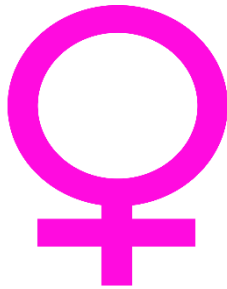
At a glance.... the numbers in brief for 2018 in MWRSS



We worked with 42 women and 70 children in

providing refuge accommodation and supports-an increase of 31% in the number of women accessing refuge and 16% increase in the number of children accommodated on 2017 figures

We supported 424 women in our outreach service, this represents an increase of 22% on



2017 figures

We provided childcare supports to 51 children in the community and we provided supports to 70 children in refuge. We also ran our first Good to Be Me self-esteem and resilience



programme over 6 weeks twice with 12 children

We provided education and peer to peer support programmes to 119 women over 44 weeks of the year including the Pattern Changing Programme, Power to Change Self Esteem programme, Arts and Crafts and the Peer to Peer support group providing 117 sessions in total.



Through our helpline we dealt with 603 help line phone calls seeking information and 260 crisis calls and we made 1053 calls on behalf of women experiencing domestic violence to advocate with a wide range of services. Our outreach service took 302 calls and made 97 advocacy calls.

Introduction to our work

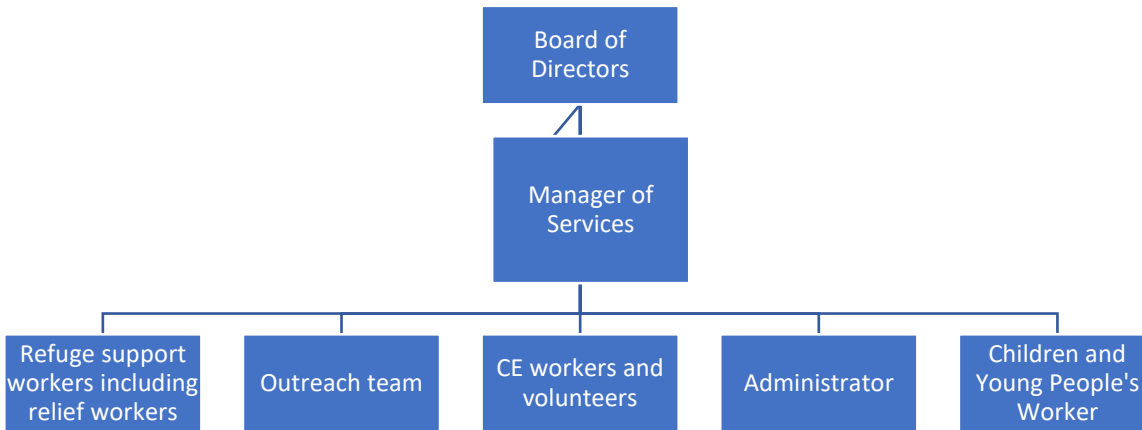
Our work as a domestic violence service includes the provision of emergency refuge accommodation, outreach services including court accompaniment and one to one support in the community, a helpline, referral supports, a support group, the MOVE programme and education programme is broad and varied and meets a wide range of needs. We are proud that on limited resources we strive to be innovative and address women and children's needs through a range of activities.

Organisational Structure: Board

The organisation is governed by a board of directors who oversee its governance and strategic direction. The current board is made up of eight directors (there were 9 until April then 9 after that - a new director joined) and includes a chairperson, company secretary, treasurer and ordinary directors. The board meets monthly and is responsible for the governance and strategic and the manager reports into the board. In 2018, the board will oversee a review of governance policies and procedures to ensure the organisation in line with our obligations as a company and registered charity. In 2018 the board met on eleven occasions and an AGM took place in April 2018 and one director stood down from the board in 2018 and one additional director joined in 2018.

How we work

On a day to day basis, operational management is undertaken by two joint managers of services on full time basis who job share the role and are on call for out of hours emergencies. Financial administration is managed on a day to day basis by the organisation's part time administrator. The organisation has 24-hour management of the refuge by refuge support workers. We also have an outreach team who work with women in the community and manage the Pattern Changing Programme, Support Group, court accompaniment and paperwork with women in refuge and in the community. In total, we currently employ 20 staff members which includes four relief workers, a maintenance worker (one afternoon a week and a part time cleaner). We have two CE workers; one undertakes maintenance work and a second person who assists with administration work. We also rely on volunteers to manage our charity shop and to support our fundraising activities.



Organisational flow chart

Current Context and Environment in which we work

MWRSS are part of a network of organisations that provide domestic violence services in Ireland and we are a member of Safe Ireland, the national membership body. We have a county wide remit and work with a range of stakeholders including Tusla social work services, department of social protection local office, Meath County Council and other statutory, community and voluntary organisations in the county.

Resourcing our work

MWRSS receives its core funding from Tusla, the child and family agency through a service level agreement and we would like to acknowledge their ongoing support for our work and commitment to the issue of domestic violence. Our core funding come through its Domestic, Sexual and Gender based Violence Programme and we work in collaboration with other domestic violence services also, including Safe Ireland, the umbrella body for domestic violence services.

We would also acknowledge our gratitude for the ongoing support of the court poor box, local companies and businesses, community organisations and the wider community in Meath which has supported our fundraisers and who have donated generously to our work over the years.

Work Activities in 2018

The remainder of this report provides a summary overview of our activities in 2018.

Profile of women MWRSS support-A snapshot

- In 2018, 19 women who stayed in refuge were Irish, 7 were Irish Travellers and 16 were women who were born in another country (ethnic minority women) representing 38% of women who were accommodated in refuge. In our work in outreach 77% of women we worked with self-identified as Irish with the remaining 23% ethnic minority women. *(this count is based on 39 women admitted in 2018 and does not include admissions carried over from 2017)*
- In 2018, all women in refuge were in the 18-54 age bracket with 48% between the ages of 25-34 years with no women over the age of 55 in refuge. In our work in the community, 46% of women who engaged with Outreach were between the ages of 30-49 years and significantly 9% of women who linked to our outreach services were over the age of 55.
- Referrals: We received 587 referrals from women and 827 in relation to children and outreach received 424 referrals. This reflects the seriousness of the issue of domestic abuse in Meath and in Ireland.

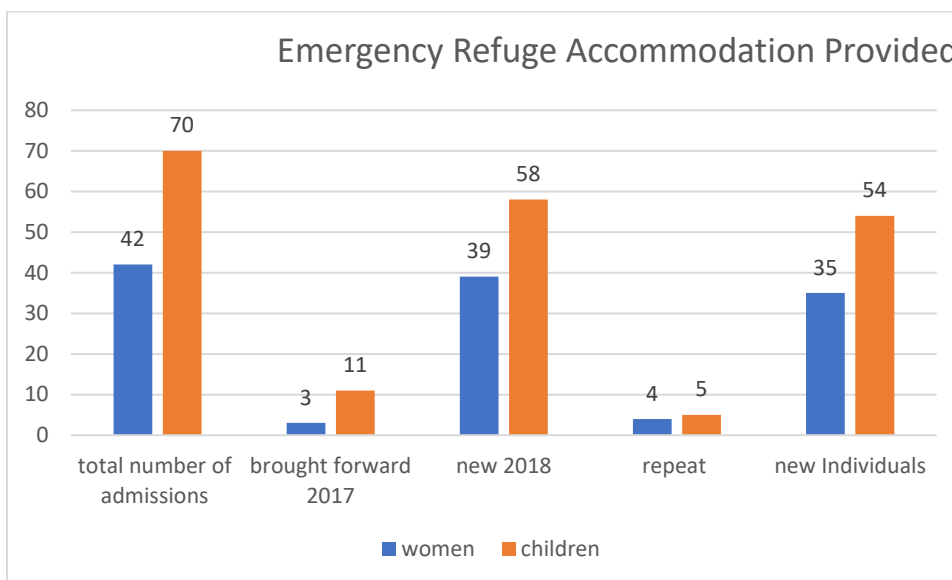
Confidential 24-hour telephone line

The helpline is managed by professional refuge support workers and in 2018 we received 260 crisis calls and 603 information calls to the organisation. In addition, we made 1053 advocacy calls on behalf of women in refuge to a wide range of agencies and organisation including the local authority, social welfare, gardai etc. A total number of 1916 calls were dealt with by MWRSS helpline, and the figure is down slightly on our 2017 figures by 10%.



Emergency Accommodation

In 2018, we accommodated 42 women (total number of women admitted plus those carried over from 2017) and 70 children throughout the year, an increase of 31% and 16% respectively. In total, 5201 sessions of support were provided for women and children in refuge. The supports and services provided included a high level of interagency working and advocacy given the needs of women in refuge settings to access the following; medical supports, solicitor, public health nurse services, social work, psychology services, gardai, community welfare officer, legal aid, housing and other supports.



Key Working

An important component of our work is key working with women in refuge in keeping with the development of care plans which are done in partnership with the woman who is supported to identify and determine what supports she needs while in refuge. Risk assessment and Safety planning forms part of the care plan development, which is reviewed regularly. Key working sessions takes place on a bi- weekly basis which each woman in refuge and follow up work on care plans happens daily.

Women turned away from Refuge in 2018

In line with refuges across Ireland, MWRSS has had to turn away women at different periods throughout the year due to a lack of capacity at a given time. In 2018, we could not accommodate

31 women and 47 children due to capacity. Coupled with this is lack of social and affordable housing for women who do not have the financial means to compete in the housing market and who as a result are remaining in refuge for longer average periods. Our plans to develop a new purpose-built refuge will go some way to addressing these shortcomings but it doesn't remove the need to invest in prevention work. In addition, due to the increasing levels of homelessness in the county, we also had to refer women and children to relevant homeless services.

Length of Time in refuge

Due to the challenges in the current housing market and given the proximity of Meath to Dublin, the length of time women who cannot return home are staying in refuge is longer than it should be. In 2018, 10 out of 42 women and their children stayed 30 days or more in refuge or 9% of women in refuge stayed more than 30 days in refuge accommodation which is a welcome reduction on 2017 figures and in 2018 the number of short stays was higher than 2017 with 29 women or 69% and their children staying ten days or less. These fluctuations in figures may be temporary trends and reflect a higher number of short stays which often then translate into women returning home in many cases with court orders.

Transitional Housing

In the first quarter of 2018, we completed a transfer of our 4 transitional houses to Cluid housing in partnership with Sonas Housing and all the long-term residents residing in the houses were supported during the transition period. We no longer maintain a stock of transitional housing.

Outreach work

Outreach work forms a large part of the work of MWRSS and this work has grown year on year and reflects the changing needs of women and children affected by domestic violence. At present the equivalent of just under two full time workers operate as an outreach team providing a wide range of supports to women which is broken down in the grid below for 2018. Our court work is supported by funding from the Victims of Crime office with our outreach work in the community funded by Tusla.

This year the outreach team worked with 424 women in 2018, an increase of 22 % on 2017 figures. The outreach team attended court on 321 occasions and completed paperwork on each of these occasions

As noted in our annual report last year in 2003 when our initial outreach work began, we have grown exponentially from working with 80 women to 424 women a five-fold increase in the number

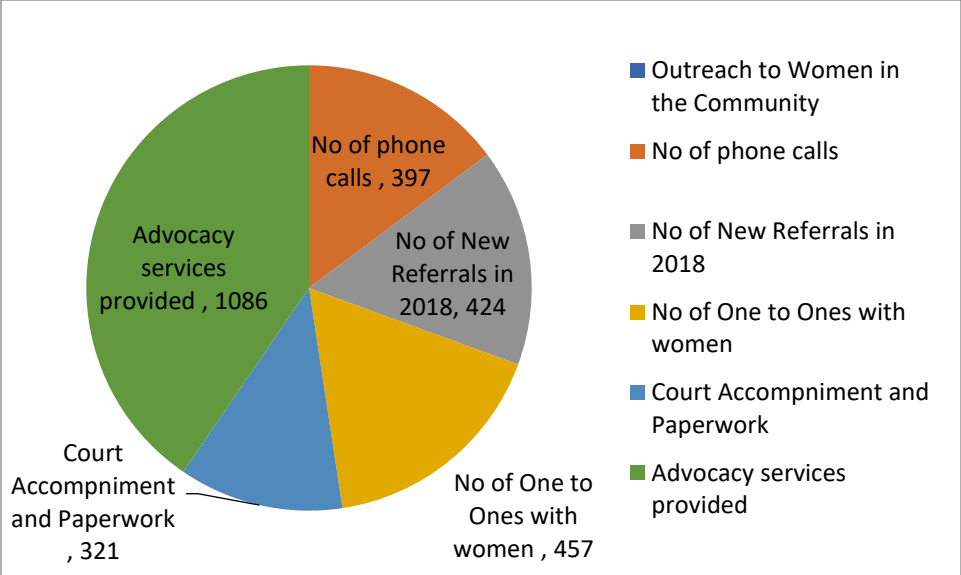
of women with similar levels of resources since 2008. In 2018, the organisation focused on supporting women to access protection orders and interim barring orders only and during the year it was decided that we would not attend return dates but will seek to support women through one to one work and group programmes. At return date sittings women usually have legal representation to support them. The challenge we face is ensuring that every woman who links with us can be provided at least a service in terms of their initial experience in court in terms of both accompaniment and paperwork, with follow up supports provided in the community.

Outreach work in the Community and Follow Up

In 2018, the outreach team undertook one to one work in the community with 103 women separate to and outside of court accompaniment and court paperwork, which accounted for 321 women (many of these women were also supported with one to one follow ups and linked to programmes). The work undertaken with women who have linked in with the outreach programme includes assistance with court paperwork, dates for court appearances, preparation for court, linking into relevant programmes in the organisation etc. This includes phone calls, face to face meetings etc. In terms of one to ones with women in the community and at base 457 sessions were recorded. Our outreach workers work with women attending court in Navan and Trim on three days each week.

In addition, the outreach team provided a wide range of supports to women experiencing domestic violence. An area of work we want to develop through our strategic plan is to grow our one to one face to face work with women in the community and to develop a more in depth case management approach for women who experience ongoing domestic abuse and who are high risk but may not require refuge. The supports would also include the provision of supports for children as well. We also want to expand our outreach into raising community awareness and providing a wider range of programme supports too e.g. programmes for mothers.

In terms of phone contact with the outreach team (which is separate to the helpline) we dealt with 2 crisis calls, 300 information calls and we made 97 advocacy calls, a total of calls. The majority of the calls, three quarters or 75% were for information with 24% advocacy calls and crisis calls made up less than 1% (crisis calls come through our helpline in the main.)



Group Programmes

Pattern Changing Programme

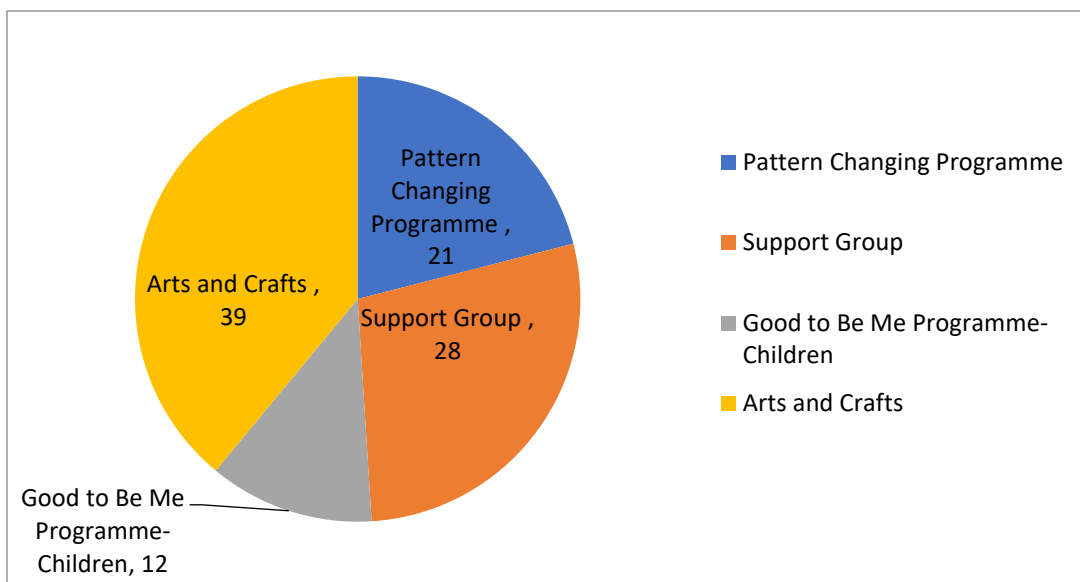
The outreach team delivered the Pattern Changing Programme which is an educational programme developed by Goodman and Fallon (1995) for women who have experienced an abusive intimate relationship. The programme has been running since September 2008. Given the limited resources the organisation has at its disposal, it was decided to run the Pattern Changing Programme only once in 2018 (19 weeks). As the 2017 group began in late 2018, 21 women participated in the group that began before the end of the year and a second group during 2018.

Peer to Peer Support Group and the Power to Change Self Esteem Programme

Twenty-Eight women participated in the weekly peer to peer support group facilitated by the outreach workers over the first quarter of 2018. In the second part of the year we delivered a self-esteem programme which 9 women participated in. Women who participated in the programme included women engaged through outreach, and women who have participated in the pattern changing programme. It is also inclusive of women who are currently in or have been in abusive relationships.

Arts and Crafts

The arts and crafts programme takes place once a week for residents and non-residents and is a non-threatening way to engage women in discussion on the issues affecting them as result of abusive relationships. It is facilitated by an experienced tutor. Childcare supports were provided for women who attended. The aim of the programme is to build self- esteem through the medium of arts and works to promote the participation of women with low levels of literacy and limited English language skills. Thirty-nine women took part in the project over the year including women in refuge and women in the community. The group also went on one summer outing in 2018, including to the IMMA art gallery.



Supports for Children

In 2018 358 sessions of support including provided to 62 children of women in refuge and 109 sessions of childcare to 62 non-resident children of women who accessed other services e.g. the support group, court accompaniment and the arts and crafts group. A trip to Tayto park with mothers and children from the refuge and the community took place during the summer of 2018.

Child Protection

The organisation continues to work to best practice principles following our child protection policy and procedures. We work closely with Tusla and women and children who engage with our services and ensure that women are aware and informed of when we are making a child protection referral. The organisation works to report child protection concerns in a timely and professional manner always and undertakes follow up work when we re engage with women and children post

referral where appropriate. In 2019 we updated our child protection policy to incorporate the implementation of the children’s act 2015 and a number of staff completed mandated reporting training online. Our board directors also undertook child protection training online.

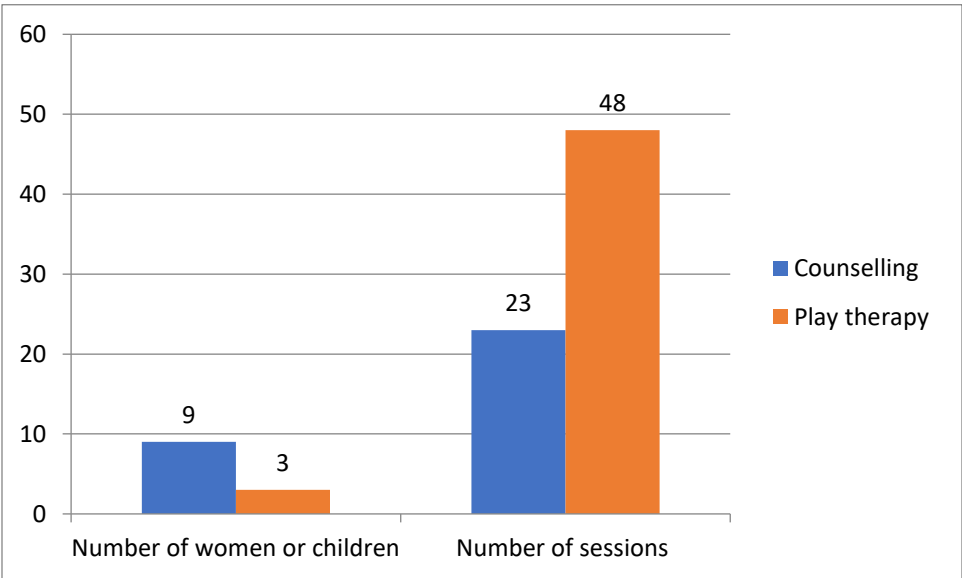
MOVE programme

The MOVE programme is a programme that the organisation has been involved in since 2009. A member of the outreach team works on the MOVE programme, which is called the CHOICES programme. The partner support work includes meeting each partner completes an assessment of the history of the relationship with the woman with the support worker at an initial meeting/assessment and a weekly meeting/phone call is made to the woman partner of the MOVE programme. The support takes place over all year around during and post programme completion. If court accompaniment is required, the other outreach team worker provides these. In 2018 8 women were supported whose partners were on the MOVE programme.

Therapeutic Supports

Counselling services

In 2018 we provided 23 sessions of counselling to nine women. We hope to expand this service in 2019 as it is a core element of recovery for women who have experienced extensive domestic abuse over a long period of time. At present we do not receive any core funding for this work. It is resourced through fundraising.



Play therapy

A key development in 2018 was the initiation of a programme of play therapy. MWRSS took on a play therapist on a sessional basis to deliver play therapy. This person is very experienced and worked with us to set up a play therapy room in our building that will provide an appropriate space for children and young people to express their experience and emotions using toys, art, drama, books etc. Play therapy uses a variety of play and creative art techniques to alleviate chronic or mild emotional or psychological conditions that prevent children from realising their potential e.g. the impact of the trauma of domestic abuse.

As we are not core funded for this work, resources were drawn from external donations from the public and corporate donations from Utmost Pan Europe, a company based in Navan who chose MWRSS as one of their charity of choice for 2018. We provided 48 sessions of play therapy for six children in 2018. In 2019 we hope to expand this provision.

Developments in our work with children

Child and Young People's Worker

In the last quarter of 2018 Tusla agreed to provide additional funding for the recruitment of a children and young person's worker for 2019 following the submission of a proposal from the organisation. This significant development will facilitate us to begin the work of developing a level of services and supports for children that are equivalent to those provided to women where possible. We know from our work and international research that the trauma of domestic abuse can impact on children when it occurs but also into the future. We will recruit a worker for this role in early 2019.

TLC Kidz

The TLC Kidz programme is a group programme for children and mothers recovering from domestic abuse. It is an evaluated programme developed in the UK and has recently been evaluated following delivery in Tipperary, Waterford and Carlow. Barnardos Ireland are co-ordinating TLC Kidz nationally. In late 2018 we were asked to co-ordinate and implement TLC Kidz for Co. Meath by Tusla and we have been provided funding to run a training of trainers programme, resources for an evaluation of the initial programme which is delivered and funding to support supervision of facilitators, a co-ordinator for the delivery of two programmes and participation costs. This programme will roll out over 2019-2020.

The TLC Kidz programme is

- is a 12-week, psycho-educational, group programme for children (up to 18 years) and mothers in recovery from domestic abuse. Groups for children and mothers are run concurrently.
- aims to help children heal from the impact of domestic abuse and to help mothers in understanding their child's experiences and support their recovery.
- promotes the wellbeing of children and mothers through validating their experiences, safety planning, social support, teaching appropriate expression of difficult emotions (for example, anger), and enhancing communication between children and mothers.
- is delivered by two facilitators in both the children's and mothers' groups.
- The children's group is composed of children close in age, maturity and development and typically involves 6-8 children. Participation in the mothers' group is desirable but not mandatory
- is delivered on an interagency basis in order to create a common vision and shared responsibility among services in supporting the recovery of children who have experienced domestic abuse.

In each local area that TLC Kidz is delivered , the programme is overseen by a multi-agency Steering Group while the Project Coordinator (Meath Women's Refuge and Support Services TLC Kidz co-ordinator) undertakes the operational logistics of running the programme (for example, referrals, case management, assessments of families, scheduling, and so forth). Community partners provide referrals and release staff to facilitate the programme.

We envisage rolling out a Training of Trainers programme in the third quarter of 2019 and in advance of that establishing a steering committee in mid-2019.

The Good to Be Me programme and QCBI

We received funds through Meath County Council to co-fund a trained play therapist to deliver a 6-week programme for children aged between 8-10 years and we ran this programme in early 2018 as a pilot. Six children completed this programme.

In order to develop this programme into a programme specifically for children who had experienced domestic abuse, we applied to the QCBI Tusla seed fund project to develop it further. We received funding in the summer of 2018 and worked on a number of actions outlined below until year end. The QCBI project completion date was extended to the summer of 2019 as the

number of actions and time to develop the project required additional time, including the fact that the evaluation tender for the programme had to be scrutinised by an ethics committee. This programme will be an additional element of our work with children.

The project objectives are:

1. The six-week programme design and development of programme contents was completed
2. 5 staff have been trained in the programme delivery so that the programme can be replicated by our staff;
3. The recruitment of an external evaluator has been completed and the evaluation process has been designed
4. Our first programme with children was completed by December with 6 children

Strategic Plan 2018-2020

The new strategic plan was completed in early 2018 and will be implemented over the next three years. The new plan has set out three strategic goals and a new vision, mission statement and we have explicitly set out our values, which are outlined below.

MWRSS vision

To have a society where violence against women is no longer tolerated and where women are truly equal. To contribute towards creating communities in which women and children live violence and abuse free lives.

MWRSS mission statement

Meath Women's Refuge and Support Services works to ensure the safety of women and children who are experiencing all forms of domestic abuse in Co. Meath through the provision of high-quality supports and services that are women centred and evidence based.

MWRSS values

- *Women and child centred* – this means that all of our responses are led by the needs of women and children experiencing domestic violence. Being safety focused is central.

- *Equality and human rights* – MWRSS response is rights based. We recognise that everyone has equal rights and aim to ensure that all women have equal access, participation and out to our services regardless of their social status or identity.
- *Empowerment* – this includes responding with empathy and compassion and demonstrating respect for women’s decisions and promoting the agency of women
- *Trust and integrity* – Maintaining confidentiality and being honest and open about our work and how we respond is crucial to maintaining the trust of women, children and all stakeholders and the integrity of MWRSS.

MWRSS Strategic Plan Goals

The organisation will focus on three high level strategic goals over the next three years which are outlined below:

1. Delivery of High-Quality evidence-based Services and Development Supports for Women and Children at risk of or experiencing domestic violence
2. Development of a New Purpose-Built Refuge Building and Ancillary services
3. Ensuring the organisation is governed to the highest standards and that we are accountable to our funders, the public and the women and children we work with

Implementation of the Strategic Plan in Year 1

In 2018 we set out an implementation plan and a timetable for an interim review of the plan which was set at mid-2019. To date we have either completed or begun work on a number of actions set out below:

Goal 1: The organisation undertook a HR review as one of the key actions in the plan and this will be completed in early 2019. This work was undertaken following a tendering process by an independent consultant and will inform the organisation of the human resource requirements needed over the lifetime of the strategy. The work completed to date includes a skills audit, an employee experience audit, a sector benchmarking exercise, focus groups with the staff, management and a presentation to the board. The final reports will be ready in early January.

Goal 1: new position of children's worker created

Goal 1: development of children's services e.g. good to be me programme and play therapy and TLC Kidz

Goal 2: New building-we began work in late 2018 with Meath County Council to identify a potential site for the development of a new refuge and ancillary building. We looked at three potential sites and our architect worked with us in examining the feasibility of each one in terms of the new building and its requirements. They also developed new drawings in relation to the sites available. We will work with MCC and the planning department in 2019 to finalise a potential site and will begin work on a Capital Assistance Scheme Application. The organisation completed a valuation of our current building and we completed the removal of a lean on our own building that had expired with the land registry.

Goal 3 Governance: As part of our ongoing and evolving work on governance, the organisation developed a number of policies in 2018 to meet our legislative, regulatory or SLA requirements. As an organisation we want to ensure that we are working towards best practice and not just meeting compliance standards but actively seeking to be proactive in our approach. In 2018 we developed the following policies:

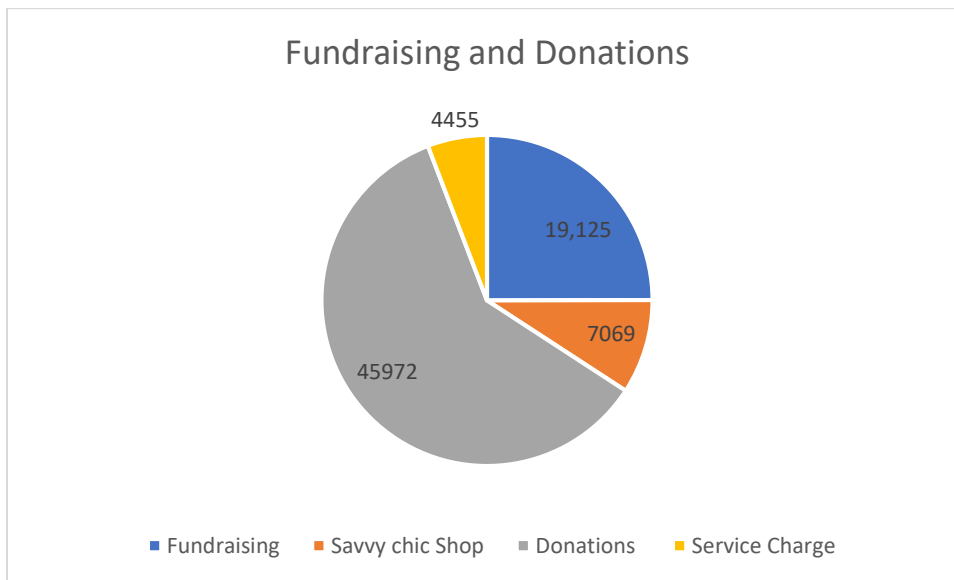
- GDPR: we undertook data protection training with all staff and completed and communicated our new data protection policy and associated policies and forms including data subject access requests, data breach policy,
- data consent forms etc.
- Feedback and Complaints Policy-we updated our current policy to be in line with Tusla our funder own policy as we are a commissioned service, now our policy is aligned to Tusla
- A new staff Probation policy was developed to have a structured approach to probation for all new staff and a new recruitment procedure was developed
- Child Protection and Welfare Policy-with the introduction of the remaining instruments of the 2015 Act, we reviewed and updated our policy supported by our umbrella body Safe Ireland. A number of actions were also undertaken including online training and face to face training for mandated persons, child protection online training completed by board directors and a presentation on the new policy to all staff

Fundraising and Donations

Fundraising is a core function of our work and takes a lot of time and commitment not just from our staff and board but also the many volunteers who give their time and energy to support our efforts. Donations come from many different quarters including groups, individuals, businesses etc. In 2018, fundraising and donations accounted for approximately 17% of our income. This income includes funds we raise through our charity shop and the service charge we receive for the provision of emergency accommodation. We would not be able to carry out the level of work we do without this funding. This funding ensures we can do some of the following critical and core work:

- Provide one to one counselling for women
- Provide play therapy for children
- Resource food for the communal refuge
- To ensure the upkeep and maintenance of the refuge building for women and children e.g. bedding, furniture, equipment, to meet health and safety requirements etc.

A breakdown of our fundraising and donations for the year is outlined below:



In terms of further breakdown:

- Donations make up 60 % of the total amount raised by the organisation itself in 2018
- Fundraising we undertook makes up 25% of the total amount raised

- Service charge we receive for providing emergency refuge accommodation accounts for 6% of this income
- Our charity shop Savvy Chic accounts for 9% of this income

In 2018 we undertook a number of fundraising events ourselves including:

- We undertook a raffle and collection with another local charity at a fundraiser event in the Solstice in January 2018
- We undertook a raffle with another charity at the Meath Style awards in April
- Churchgate Collection in July, August and September in Navan, Trim and Kells
- Supervalu Johnstown Bag Pack in October
- Sunday Lunch event in Kells for families
- Marks and Spencer Bag Pack over 5 days on Christmas week
- We received a donation of 1000 tickets for Explorium from entrepreneur Niall Mellon which will sell in 2018 and in 2019

In 2109 we will be working towards a more strategic approach looking at new actions in relation to fundraising for our work, as the time this work takes is labour intensive and reliant on volunteer participation and co-ordination.

Meath County Council Equipment Grant

We received a small grant in 2018 to fund a new PC for our outreach work and a new bath for the residents in refuge.

Savvy Chic Shop

The Savvy Chic shop was managed in 2018 by a group of dedicated volunteers. A key challenge is maintaining volunteer numbers and ensuring that the shop can be operational on a three-day week. Given our location we must work to raise awareness of the shop as it is located off the main street thoroughfare which affects the footfall.

Working with funders and regulators

The organisation is registered with the Lobbying register and makes returns on a quarterly basis.

We also made a return on our 2017 Annual report and audited accounts to the charity's regulator and companies office in line with our obligations.

Voluntary Housing Regulator

In mid-2018 the organisation signed up the voluntary code of commitment of the housing regulator as a Tier One Approved Housing Body. We made our first report towards the end of the year

Networking and Policy Work

In 2018, the organisation continued to participate in a wide range of networks relevant to our work including:

- The Child and Family Support Network
- The Mid East Homeless Consultative Forum
- The Safety Subgroup of the Children and Young People's Services Committee
- We are also active members of Safe Ireland
- We sit on the management committee for Navan EDP

Maintenance and Upkeep of the Building

We were supported to undertake a replacement of a number of windows in the building for health and safety reasons through a one-off grant was provided by Meath County Council to support this initiative. Small equipment, furniture and routine maintenance through funds raised by the organisation were also purchased during the year.

Conclusion

2018 highlighted the importance of the work we do with women and children, we look forward to working in 2019 towards ensuring that our work on the issue of domestic abuse is visible and high on the public's agenda and that we are well positioned to address the issue in a comprehensive way that promotes the human rights of women and children.

Meath Women's Aid Housing Association CLG

(A Company Limited by Guarantee and not having Share Capital)

Income & Expenditure Account

Financial year ended 31/12/2018

	2018	2017
	€	€
Income	510,713	495,169
	_____	_____
Gross surplus	510,713	495,169
Administrative expenses	(518,793)	(505,876)
	_____	_____
Operating deficit	(8,080)	(10,707)
Other interest receivable and similar income	-	62
	_____	_____
Deficit before taxation	(8,080)	10645
Tax on deficit	-	-
	_____	_____
Deficit for the financial year	<u>(8,080)</u>	<u>(10645)</u>

Meath Women's Aid Housing Association CLG
(A Company Limited by Guarantee and not having Share Capital)
Balance Sheet
As at 31/12/2018

	2018		2017	
	€	€	€	€
Fixed assets				
Tangible assets	<u>772,846</u>		<u>327,196</u>	
		772,846		327,196
Current assets				
Debtors	2,758		8,225	
Cash at bank and in hand	<u>255,151</u>		<u>222,182</u>	
		257,909		230,407
Creditors: amounts falling due				
Within one year	<u>(59,370)</u>		<u>(28,138)</u>	
Net current assets		<u>198,539</u>		<u>202,269</u>
Total assets fewer current liabilities		971,385		529,469
Creditors: amounts falling due				
after more than one year		-		(158,717)
Net assets		<u>971,385</u>		<u>370,748</u>
Capital and reserves				
Members' funds				
Revaluation reserve		465,981		15,981
Income and expenditure account		505,404		354,767
Members Funds		—————		—————
		<u>971,385</u>		<u>370,748</u>

Meath Women's Aid Housing Association CLG
(A Company Limited by Guarantee and not having Share Capital)

Statement of cash flows

As at 31/12/2018

	2018	2017
	€	€
Cash flows from operating activities		
Deficit for the financial year	(8,080)	(10,465)
<i>Adjustments for:</i>		
Depreciation of tangible assets	5,270	5,606
Other interest receivable and similar income	-	(62)
Accrued expenses/(income)	(4,899)	1,978
<i>Changes in:</i>		
Trade and other debtors	5,467	(6,365)
Trade and other creditors	36,131	8,421
Cash generated from operations	<u>33,889</u>	<u>(1,067)</u>
Interest received	-	62
Net cash (used in)/from operating activities	<u><u>33,889</u></u>	<u><u>(1,005)</u></u>
Cash flows from investing activities		
Purchase of tangible assets	(922)	<u>(6,140)</u>
Net cash used in investing activities	(922)	<u>(6,140)</u>
Net increase/(decrease) in cash and cash equivalents	32,969	(7,145)
Cash and cash equivalents at beginning of financial year	<u>222,182</u>	<u>229,327</u>
Cash and cash equivalents at end of financial year	<u><u>255,151</u></u>	<u><u>222,182</u></u>